

RIDE NO. 19 SCHENECTADY COUNTY RIDGES

Mileage = 35

Elevation Gain = 2,519

Category = Moderate

I think you'll enjoy this one; I do. To reach the starting point, get off the Thruway at Exit 25A to I-88. Take the first exit off I-88 after passing through the tolls booths. The exit ramp will take you to SR 7, where you turn left. Go four-tenths of a mile to a traffic light and turn right into the parking areas for the Schalmont schools, where the ride begins.

Here's an excerpt from my log: "This is a very scenic ride. Of course, views almost always come at a price, with climbing being the currency. The ride starts at a sea-level elevation of 374 feet. The high point on the outbound leg is 1,325 feet at the 11.3-mile mark, a waypoint-to-waypoint gain of 951 feet. However, the altimeter, showing a cumulative number that includes the ascent of the intervening undulations, registered 1,298 feet. That computes to 114.8 feet per mile, which translates into a fairly large expenditure of energy. It's mostly downhill from there to Stewart's outside Esperance, where the elevation is 695 feet. After a coffee break at Stewart's, I climbed steadily but gradually on SR 30 for five miles to 1,204 feet. There was more climbing to do to reach the highest point of the return leg: 1,306 feet at the crossroads in Mariaville. The cumulative elevation gain for the entire trip is 2,519 feet, an average of 72 feet per mile".

19 SCHENECTADY COUNTY RIDGES

START: SCHALMONT SCHOOL, SR 7, ROTTERDAM

1	GO WEST ON SR 7	374'	-	-
2	R ON PANGBURN RD.	406'	1.0	1.0
3	L ON SCOTCH RIDGE RD.	660'	1.3	2.3
4	BEAR L PASSING SO. KELLY RD - R	815'	2.1	4.4
5	BEAR R PASSING KELLY STA. RD. - L	781'	0.2	4.6
6	R ON DUANESBURG CHURCHES RD.	972'	4.2	8.8
7	L ON SKYLINE DR.	1,150'	0.6	9.4
8	L ON CR 139, KNIGHT RD.	1,325'	1.9	11.3
9	R AT END ON SR 20	1,102'	1.1	12.4
10	REACH STEWART'S ON L @ JCT.W/SR30	695'	2.9	15.3
11	GO NORTH ON SR 30		-	-
12	X CRs 147 / 141	994'	1.9	18.2
13	PASS CRs 102 & 145 - L	1,092'	1.9	20.1
14	STR8 ON CR 100, HARDIN RD. (SR 30 BEARS L)	1,204'	0.5	20.6
15	L ON CR 127, DUANESBURG CHURCHES RD.	1,290'	1.8	22.4
16	R ON CR 94, BATTER ST.	1,102'	0.9	23.3
17	MERGE ONTO SR 159 (COUNTRY STORE)	1,306'	2.7	26.0
18	L ON CR 111 (WEAST RD.)	1,304'	0.6	26.6
19	L ON SR 159	1,102'	2.5	29.1
20	R ON CR 54, PUTNAM RD.	1,076'	0.6	29.7

21	R ON SR 159 (SS, DOWNHILL)	507'	2.7	32.4
22	R ON CR 337 (BURDECK ST.)	374'	1.5	33.9
23	R ON SR 7	360'	0.5	34.4
24	REACH STARTING POINT	374'	0.6	35.0